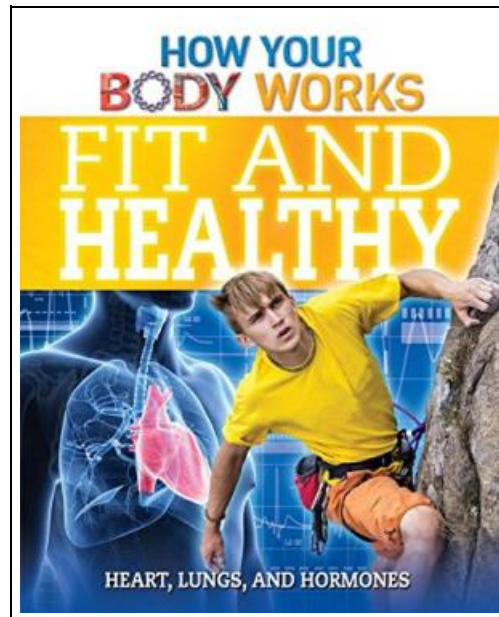


## Fit and Healthy: Heart, Lungs, and Hormones



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