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FUNCTIONAL PROPERTIES OF TARHANA WITH OATS: A TURKISH FERMENTED FOOD: TARHANA SUPPLEMENTED WITH OAT FLOUR AND STEEL-CUT GROATS



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**Functional Properties Of
Tarhana With Oats: A
Turkish Fermented Food**
Tarhana supplemented with oat flour and
steel-cut groats



LAP LAMBERT Academic Publishing. Paperback. Condition: New. 72 pages. Dimensions: 8.7in. x 5.9in. x 0.2in. In this study, oat flour (OF) and steel cut groats (SCG) were used in tarhana production in order to improve functional properties of tarhana. Control sample did not contain oat products. OF and SCG addition enhanced the nutritional value of the tarhana by increasing their -glucan content beyond the 0.75 g/serving required by the FDA for health claims (FDA 1997). The most abundant phenolic acids...

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