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Gail Depriest, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. We live in volatile, uncertain and chaotic times which require a new type of personal leadership. This structured journal is the result of a project which helped hundreds of students and corporate employees with exercises in mindfulness, reflection and placing attention on strategic behaviors. The process challenges you to think about how you are managing yourself, how...

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- Authored by Gail Depriest Ma
- Released at 2014



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