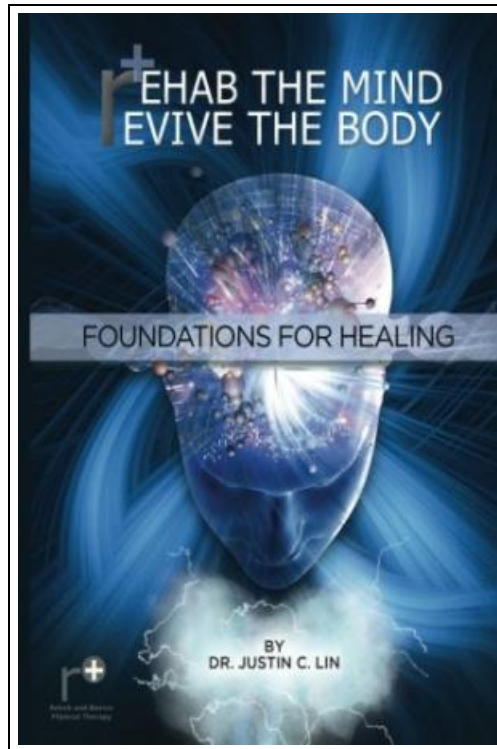


## Rehab the Mind, Revive the Body: Foundations for Healing



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### ***Reviews***

*It is one of the best books. Indeed, it really is a play, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Sofia Yundt)*

## REHAB THE MIND, REVIVE THE BODY: FOUNDATIONS FOR HEALING



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Rehab Revive Physical Therapy, United States, 2014. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do a teenager with spastic and dystonic-quadruplegic cerebral palsy and a teen athlete in desperate pursuit of the perfect physique have anything in common? Is there a connection between an ethereal yet physically broken martial artist imprisoned in her own body and a perfectionist millennial with broken feet? How can an injury-stricken 33-year-old doctor with a ferocious desire to heal others connect these seemingly disparate stories? Why do we suffer through pain? Why do we choose the hardest path to healing? Does the mind rely on the body to leave the cycle of pain? These, and many other questions about the epidemic of chronic pain, sports injury, and our approach towards health and wellness are the crux of Rehab the Mind, Revive the Body - an inspirational account of one healer's journey to help patients overcome their limiting beliefs and injuries. Explore the intention to heal, your commitment to a healthy self, and the need for a shift in the paradigm of true healing. Follow the path of Dr. Justin Lin as he encounters every conceivable pain from the body to the mind. Rehab the Mind, Revive the Body is a collection of stories that exemplify the true art in manual medicine, detailing the raw reality of overcoming pain, the struggle of self-discovery, and the path to revealing the potential within. Rehab the Mind and Revive the Body details these compelling stories based on real events of the triumph of mind over matter. These inspirational stories of the healed are a testament to the power of a philosophy founded on possibilities, a passion to provide excellence, a method to promote empowerment and mindfulness, and...



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