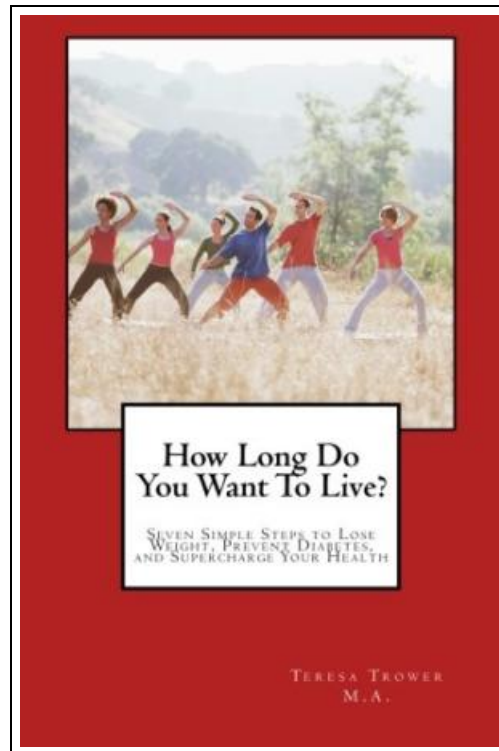


## How Long Do You Want to Live?: Seven Simple Steps to Lose Weight, Prevent Diabetes, and Supercharge Your Health



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