

## 1014 Fit Smoothie Cleanse: Unleash the Empowerment to Change Your Lifestyle



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### **Reviews**

*Here is the best publication i have got go through until now. It is actually writter in simple phrases and never hard to understand. I realized this publication from my dad and i suggested this ebook to find out.*  
*(Lorena White)*

## 1014 FIT SMOOTHIE CLEANSE: UNLEASH THE EMPOWERMENT TO CHANGE YOUR LIFESTYLE



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 170 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Dont you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God You do not belong to yourself (1 Corinthians 6: 19 NLT). Are you eating processed foods such as lunching meats, canned foods, frozen TV foods Do you crave for sugar (sweets), carbohydrates, and or eat pasta all the time Do you drink more than 1 cup of coffee per day, crave other caffeinated beverages or drink performance enhancement products to rev-up your metabolism Are you gaining weight while snacking on cookies, potato chips, donuts, or candy Do you often eat fried foods, fast foods, or eat late at night If all these things are causing you to gain weight, lack energy and sleep, have skin problems (acne, oily, scaly or dry), have memory fog, or feeling fatigue, then it is possible you need to detox and cleanse your body to eliminate parasites that are invaders that thrive in unhealthy bodies. Do you want to win your clarity, vitality and serenity back from these nasty parasites You can with the 1014 Fit and Smoothie Cleanse. My body was overloaded with toxins and this kept me ill and over weight for years. To be honest, I didnt know that toxins were the problem or that parasites could invade the body to cause chronic illnesses and disorders. I knew that parasites could enter the body to do harm, but not to cause symptoms that leads to illnesses such as diabetes, hypertension, fibromyalgia, arthritis, migraines, gas bloating, belly fat, excess weight, vision problems, back pain, constipationdiarrhea, Bruxism, post nasal drip, allergies, nasal itching, joint pain, digestive disorders, anemia, prostatitis, muscle...



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