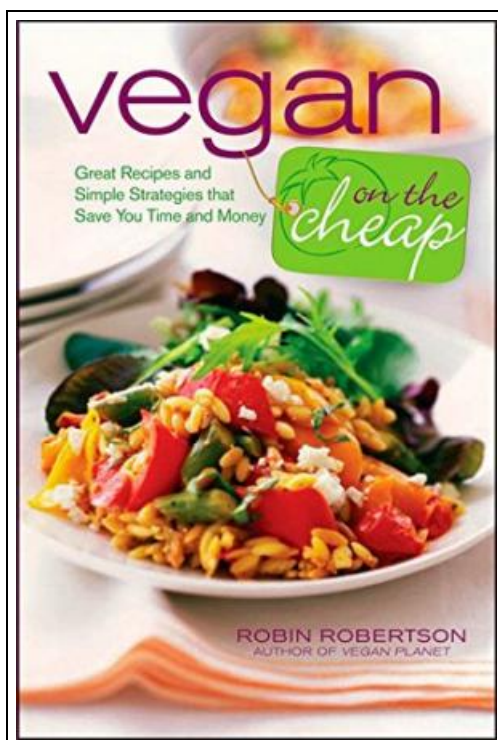


Vegan on the Cheap: Great Recipes and Simple Strategies That Save You Time and Money



Filesize: 9.69 MB

Reviews

Extremely helpful for all type of folks. It generally is not going to expense a lot of. I found out this book from my dad and i advised this book to find out.

(Melany Goyette)

VEGAN ON THE CHEAP: GREAT RECIPES AND SIMPLE STRATEGIES THAT SAVE YOU TIME AND MONEY



Houghton Mifflin Harcourt Publishing Company. Paperback. Book Condition: new. BRAND NEW, Vegan on the Cheap: Great Recipes and Simple Strategies That Save You Time and Money, Robin Robertson, You don't have to blow your budget to eat great meatless and dairy-free meals every day. With Vegan on the Cheap , you can enjoy delicious vegan meals every day of the week. Veteran food writer and vegan authority Robin Robertson provides 150 mouth-watering, exciting recipes that cost just 50 cents to \$2 per serving-hefty savings to go with hearty vegan meals. This book presents great options for savory soups and stews, satisfying salads, hearty noodle dishes, first-class casseroles, favorites for the slow cooker, and meatless and dairy-free recipes for classics like pizza, burgers, and sandwiches. Plus, there's even a chapter for desserts to satisfy every sweet tooth. Throughout the book, smart tips and creative ideas help you save money by cooking in bulk, prepping meals in advance, and finding tasty ways to reuse leftovers. Includes 150 money-saving recipes for delicious vegan meals like Walnut-Dusted Fettuccine with Caramelized Vegetables and Fresh Pear Galette Written by renowned vegan and vegetarian expert and food writer Robin Robertson, author of 1,000 Vegan Recipes Features cost-per-serving icons that highlight the cost of each affordable dish Packed with affordable recipes and money-saving tips, this is the ultimate resource for every vegan kitchen.



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