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Effective Brief Therapies: A Clinicians Guide

By -

Academic Press. Paperback. Condition: New. 458 pages. Dimensions: 8.9in. x 5.9in. x 0.7in. This treatment guide is based on selected disorders taken from the American Psychiatric Association DSM-IV Diagnostic Classifications. The disorders selected are treatable or responsive to brief therapy methods. The therapist or student in training can use this book to identify the elements needed for formulating a treatment plan on disorders typically encountered in clinical practice. The approaches taken are based on cognitive behavioral principles and makes use of empirical findings. However, the case study format allows the reader to see how the assessment and treatment is implemented in a real-life patient, and not as a clinical abstraction distilled from research studies. Moreover, the treatment plan is outlined in a manner that makes reimbursement likely from managed care organizations and insurance companies. Effective Brief Therapies is useful as a reference for therapists and as a training guide for graduate students. Key Features Case Descriptions Treatment Conceptualization Assessment Techniques Treatment Implementation Techniques Concurrent Diagnoses and Treatment Complications and Treatment Implications Dealing with Managed Care and Accountability Outcome and Follow-up Dealing with Recidivism This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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