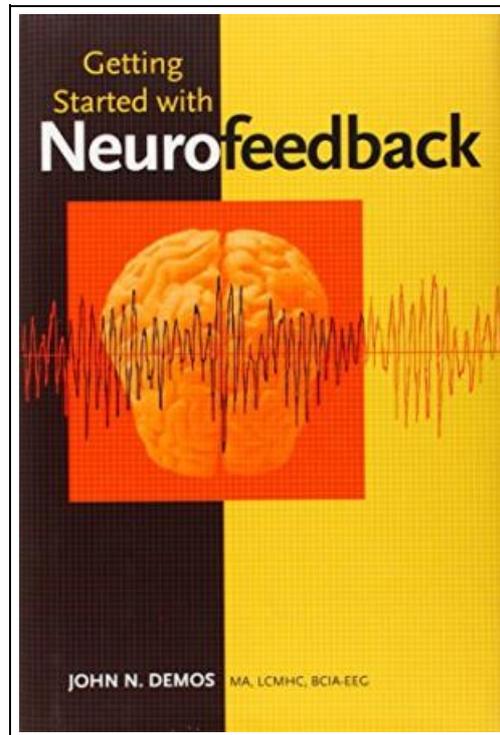


## Getting Started with Neurofeedback



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W. W. Norton & Company. Hardcover. Book Condition: New. Hardcover. 282 pages. What is neurofeedback Neurofeedback is founded upon computer technology joined with auxiliary equipment that can measure the metabolic activity of the cerebral cortex. Neurofeedback training combines the principles of complementary medicine with the power of electronics. It is a comprehensive system that promotes growth change at the cellular level of the brain and empowers the client to use his or her mind as a tool for personal healing. Until now, there has not been a single comprehensive yet easy-to-understand guide for clinicians interested in adding neurotherapy to their practice. Getting Started with Neurofeedback is a step-by-step guide for professional health care providers who wish to begin with neurotherapy, as well as experienced clinicians who are looking for a concise treatment guide. This book answers essential questions such as: How does neurotherapy work, What is the rationale for treatment When is neurotherapy the treatment of choice Why should I add it to my already existing healthcare practice The author also answers questions important to establishing a successful practice such as: What kind of training should clinicians get What kind of equipment should clinicians buy How can clinicians add neurofeedback to their existing practiceThe first part of the book introduces the reader to the world of neurofeedback, its history and scientific basis. Case studies help clinicians apply what they are learning to their existing practice. Demos takes the mystery out of the assessment process and charts and examples of topographical brain maps (in full color) serve as teaching aids. Later in the book, advanced techniques are explained and demonstrated by additional case studies. The reader is shown how to use biofeedback for the body to augment neurofeedback training as well as being taught to work with the body and acquire...



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