

Feasting on the Banquet of His Presence: Weight Loss God s Way (Paperback)

By Michele Sexton

Createspace, United States, 2010. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Have you struggled with being overweight, going on endless manmade diets only to frustratingly gain the weight back again? Then following the six simple rules of losing weight God s way and making some lifestyle changes, as outlined in this book, may be your answer. Michele lost 60 pounds in 9 months by learning how to eat God s way rather than man s way, and you can do it, too - Proverbs 16:3 says, Commit to the Lord whatever you do, and your plans will succeed. Accompanying these six simple rules and guidelines for lifestyle changes is an encouraging 12-week daily devotional to inspire you as you seek to lose the weight you want to lose permanently.





Reviews

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-- Izaiah Schowalter

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