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## The Asshole Survival Guide: How to Deal with People Who Treat You Like Dirt (Hardback)

By Robert I. Sutton

HOUGHTON MIFFLIN, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. If you re feeling stressed out, overtaxed, under-appreciated, bullied, or abused because you work with a jerk, learn how to avoid, outwit, and disarm assholes--today. Equally useful and entertaining, The Asshole Survival Guide delivers a cogent and methodical game plan when you find yourself working with a jerk--whether in the office, on the field, in the classroom, or just in life. Sutton starts with diagnosis--what kind of asshole problem, exactly, are you dealing with? From there, he provides field-tested, evidence-based, and sometimes surprising strategies for dealing with the rude, impolite, irritating, unpleasant, or just plain incompetent--avoiding them, outwitting them, disarming them, sending them packing, and developing protective psychological armor. Sutton even teaches readers how to look inward to stifle their own inner jackass. Ultimately, this survival guide is about developing an outlook and personal plan that will help you preserve the sanity in your life, and will prevent all those perfectly good days from being ruined by some jerk.



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