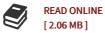




## The Trainers Trainer: Soccer Specific S.A.Q. Level 3 Diploma

By Billy Elias

Createspace, United States, 2010. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Soccer Specific S.A.Q. Licensing Course Manual. This course is the basic course that all United Speed Clinic Trainers must take, pass, and be proficient in to be able to train for the pioneer in Soccer Specific S.A.Q., Billy Elias. This course takes you through h every aspect of basic s.a.q. curriculum, with and without the ball, and offers exercises and drills for the apparatus used through United Speed Clinic. Along with the video lecture course, you can receive your level 3 diploma in Soccer Specific Speed, Agility and Quicknessfrom Billy Elias, Pioneer in Soccer Specific S.A.Q.!.



## Reviews

Comprehensive information! Its this sort of excellent go through. It is packed with knowledge and wisdom You may like just how the author publish this book.

## -- Mustafa McGlynn

Complete guideline! Its this kind of great read through. It is probably the most incredible pdf i actually have read through. Its been developed in an extremely straightforward way and it is simply soon after i finished reading this book through which actually modified me, affect the way i really believe. -- Beryl Labadie I