



## The Trainers Trainer: Soccer Specific S.A.Q. Level 3 Diploma

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By Billy Elias

Createspace, United States, 2010. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Soccer Specific S.A.Q. Licensing Course Manual. This course is the basic course that all United Speed Clinic Trainers must take, pass, and be proficient in to be able to train for the pioneer in Soccer Specific S.A.Q., Billy Elias. This course takes you through h every aspect of basic s.a.q. curriculum, with and without the ball, and offers exercises and drills for the apparatus used through United Speed Clinic. Along with the video lecture course, you can receive your level 3 diploma in Soccer Specific Speed, Agility and Quicknessfrom Billy Elias, Pioneer in Soccer Specific S.A.Q.!. .

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