



Mirror Mirror: Restoring the Distorted Self Image (Paperback)

By MR A H Fleming

Fleming Investment Properties, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Mirror Mirror Restoring the Distorted Self Image was written to assist the reader to understand that the majority of people have a distorted image about themselves. Our image which is partly shaped by our image driven culture, what we think, and how we feel, can be distorted causing us to feel and act in ways that are counterproductive to whom we feel we are inside. This for many can lead to damaging behavior and dreams that go unfulfilled. Mirror Mirror frames the issues and tells the compelling story of Wanda Perez and how she overcomes insurmountable obstacles by changing her self image forged in abuse and suffering starting at a young age. Read Mirror Mirror and you will begin to develop the tools of right shaping an internal image that will lead you to your true desired outcomes and a happier and healthier life.

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