



How to Survive Redundancy Create the Life You Want: 7 Step Self Help Guide

By Tony Bailey

Trafford Publishing. Paperback. Condition: New. 68 pages. Dimensions: 9.2in. x 5.5in. x 0.3in. ATB How to survive redundancy and create the life you want - 7 step self help guide is the culmination of 40 years experience of all aspects of recruitment, outplacement and provision of interim and contract personnel across the entire spectrum of the job market. The book is an essential guide, taking you step by step through the process of job lost to a new life gained. It is full of practical tips and inspirational anecdotes and is fully supported by an extensive source of reference material and access to more web based information and downloads. The author has recognised the emotional wounds that can result from job loss and the guide provides solutions for their release and techniques for establishing a robust emotional core of self belief and confidence vital to succeeding in today's competitive job market. Key features covered by the guide include: positioning for success, discovering your true life orientation and creating a life plan, full range of marketing techniques, how to design a winning cv, mastering the interview process and how to negotiate the package you want. ABA Following training as a journalist and...



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