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Cast Iron Skillet Cookbook: 40 Recipes - Breakfast, Dinner Dessert

By Vivian Miller

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you passionate about creating delicious meals, but overwhelmed by all the different appliances? Interested in getting back to the basics, using age-old culinary techniques and equipment that have stood the test of time to cook new, exciting recipes? Sounds like cast iron cooking could be the perfect option for you! Using just a cast iron skillet and your average stove, we've prepared 40 tasty recipes that are sure to satisfy your appetite. Vegetarian, meat-enthusiast, sweet-addict or general foodie, there's surely something on the menu to please everyone's taste buds. Cast iron skillets are highly praised for their ability to absorb heat, distributing it evenly to ensure quality and consistently enjoyable results every time, infused with additional invaluable dietary iron. Cast iron skillets are suitable both on the stove and in the oven, allowing for exceptional versatility and efficiency within our recipes. Whether you're a hesitant beginner wanting to follow recipes step by step, or a practiced adept after inspiration, this book has you covered for all the important meals of the day. The cast...



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Reviews

An incredibly amazing ebook with perfect and lucid answers. It is written in basic terms and never difficult to understand. It's been written in an exceptionally basic way and it is only right after I finished reading this ebook in which it in fact modified me, affected the way I really believe.

-- Beverly Hoppe

Extremely helpful for all class of individuals. Better than never, though I am quite late in starting reading this one. I realized this publication from my mom and dad suggested this ebook to discover.

-- Adela Schroeder II