



## Successful Battle in Treating Low Back Pain with Herbal Remedies: Natural Pain Management

By Guy Chamberland

Createspace, United States, 2012. Paperback. Book Condition: New. 224 x 146 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This textbook, Successful Battle in Treating Low Back Pain with Herbal Remedies was written to tell people about my personal battle with low back pain. Five years later, no surgery, but I still use herbs to manage pain flare ups and insomnia. A lot of people asked why I decided to develop a natural pain line and devote my life to natural pain management. It is not a substitute for the book The Use of Herbal Remedies in the Treatment of Pain that explains the science behind herbal pain management. This book finally tells my battle with low back pain. Despite the medical advice, I refused surgery, did not tolerate spinal injections of local anesthetics with steroids, and found it unacceptable to be prescribed pain medications that did not allow me to work. In fact, the medications prescribed had serious consequences on my quality of life and even ability to hold a job. This book will describe how I used herbs to replace prescription pain medications for low back pain. It will also address the use of herbs...



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