



## Fatherhood: The Journey from Man to Dad (Paperback)

By Bruce Linton

BookBaby, 2017. Paperback. Condition: New. Language: English . Brand New Book. New dads are often isolated at a time when being with other fathers would be helpful in understanding how being a parent is changing them. For more than 30 years I have been facilitating Men s Group For Fathers of Young Children. Fatherhood: The Journey from Man to Dad are essays I have written from what we discussed in these groups. At the end of each essay there are questions for self-reflection or to discuss in a group with other dads (or moms too). Rather than give advice on how to be a father, my book gives you the opportunity to begin to see how you are changing as a man when you become a parent. It reflects what feelings and interactions we have with our children, our wives and ourselves as we begin the great adventure of fatherhood. The book is written in a unique conversational style. You interact with me as the author as well as being part of a dads group as you read the essays.

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