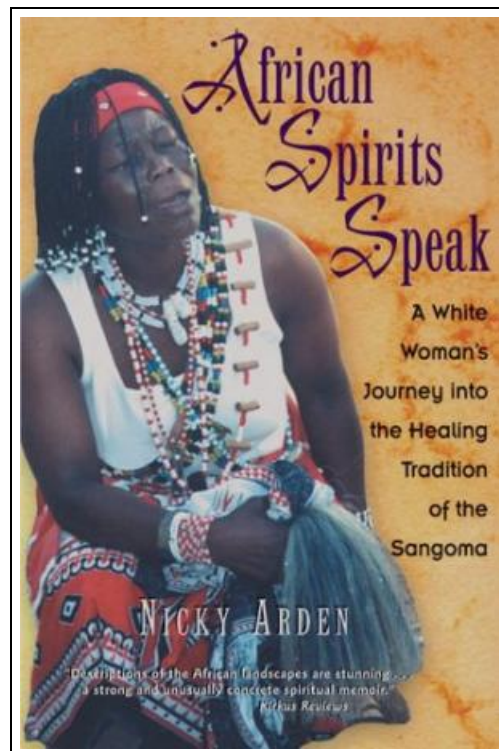


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AFRICAN SPIRITS SPEAK: A WHITE WOMAN S JOURNEY INTO THE HEALING TRADITION OF THE SANGOMA (PAPERBACK)



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Inner Traditions Bear and Company, United States, 1999. Paperback. Condition: New. Original ed.. Language: English . Brand New Book. The moving story of an expatriate coming to terms with her country s history, and her joyous spiritual and emotional rebirth as an African healer. - One of the first accounts of the mysterious sangomas, the healers of South Africa s black population. - A mystical journey that will appeal to those wishing to reunite with their roots and a more spiritual life. Set against the stirring backdrop of a crumbling apartheid regime, African Spirits Speak is the lyrical account of white South African Nicky Arden s journey into the world of the sangomas, the diviners, doctors, psychologists, and priests of South Africa s black population. While in her early twenties Nicky fled South Africa with her husband as the stranglehold of apartheid tightened on her native land. For twenty-two years they lived in California as expatriates--never once returning to their homeland--until a deep depression, followed by a spiritual awakening in the California desert, compelled Nicky to return to South Africa. During her visit, while exploring deep in the bush, she unexpectedly met an old black medicine woman--a sangoma. This meeting would change her life. Few white South Africans are even aware of the world of the sangomas, but this prophetic old woman saw in Nicky the spirit of a fellow healer and set the author on a mystical journey that would reunite her soul with its African roots. Thus began her astonishing and complex initiation into a nearly unknown world and her quest to discover the truth about herself and her heritage.



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