



The Ultimate Wilderness Survival Handbook (Paperback)

By Outdoor Life

Weldon Owen, Australia, 2016. Paperback. Condition: New. Language: English . Brand New Book. With 110+ years behind them, the experts at Outdoor Life magazine have compiled the information-packed Ultimate Wilderness Survival Handbook. Whether you re planning a three-day backcountry hike, a day trip, or a full-on Grizzly Adams experience this compact handbook has the essential information you need to stay safe. From the best-selling team at Outdoor Life this essential guide to surviving in the wilderness is for survivalists and hobbyists alike. This book covers making shelter, finding food and water, dealing with predators, signaling to rescuers, and making it out alive and well, probably even with all your limbs. Chapter One: Skills and Tools How to Pack for a Wilderness Adventure Build a Fire Anywhere Forage for Food Create a Basic Shelter Get Rescued Handle Medical Emergencies in the Woods Tie Basic Knots . . . and more things every adventurer should know Chapter Two: Into the Woods Survive Getting lost in the Wilderness Handle Animal Attacks Navigate Bogs and Marshes Purify Water Stay Sane and Healthy Trap Wild Animals Fish with Almost No Equipment Eat Wild Plants . . . and more tips to get out of the woods...



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