

Heartbreak Cure: The Fastest Way to Get Over a Breakup

Filesize: 7.92 MB

Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook. (Cheyanne Barrows)

HEARTBREAK CURE: THE FASTEST WAY TO GET OVER A BREAKUP



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. In this book you will find the fastest way to get over a breakup and the painful heartbreak. You will also learn how to quickly let go of your expartner with a few simple exercises. What is the secret to get over a breakup in the fastest way possible? The secret is that the pain of a broken heart is caused by emotional wounds. When you heal these wounds the pain of the heartbreak will also be gone! The self-therapy exercises in this book are based on this little known psychological fact. Time does NOT heal all wounds: Every person has psychological wounds and trauma from early childhood. The reason for this is simple that emotional wounding does not heal with time or on its own. We only suppress the emotional wounds, so that they come up again and again as emotional pain that is usually accompanied by emotional charges such as intense anger or sadness. After a breakup A LOT of emotional charges and suppressed wounds come back to the surface. Psychotherapy can help, but it is usually quite costly. However, you do not need any therapist to heal your own emotional wounding, You just need to know how to do it. With the self-therapy exercises described in this book you can also heal your broken heart independently and in the fastest way possible. What you will find in this book: - How to heal emotional wounding, the biggest cause of pain and suffering after a breakup - How to stop missing your ex-partner - How you can use a natural inner healing mechanism to get over the breakup - What you can do against negative...

Read Heartbreak Cure: The Fastest Way to Get Over a Breakup Online
Download PDF Heartbreak Cure: The Fastest Way to Get Over a Breakup

Other eBooks

\rightarrow

Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner's Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and... Save Document

\rightarrow	

No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Do You Have NO Friends ? Are you tired of not having any... Save Document

\rightarrow

Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. From a certified teacher and founder of an online tutoring website-a simple and... Save Document

~

How to Make a Free Website for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter... Save Document

\rightarrow

Fart Book African Bean Fart Adventures in the Jungle: Short Stories with Moral

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Black White Illustration Version! BONUS - Includes FREE Dog Fart Audio Book for... Save Document

»

»