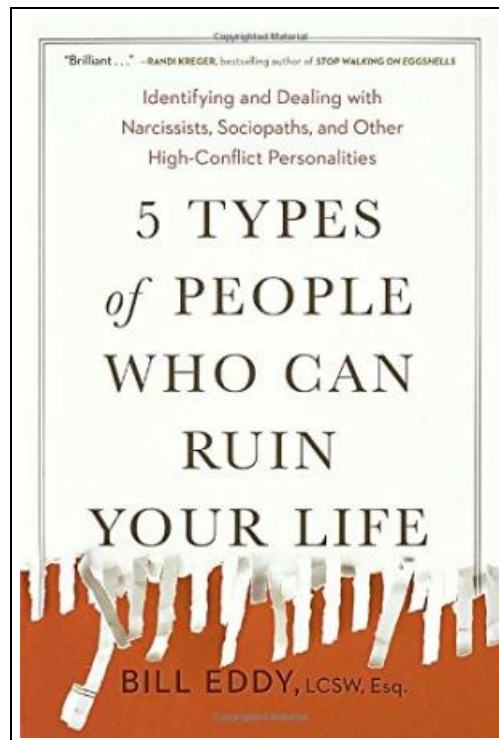


5 Types of People Who Can Ruin Your Life: Identifying and Dealing with Narcissists, Sociopaths, and Other High-Conflict Personalities



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Reviews

This book is great. I have go through and so i am confident that i will going to read through once again again in the future. I am just easily can get a satisfaction of looking at a written book.
(Miss Vernie Schimmel)

5 TYPES OF PEOPLE WHO CAN RUIN YOUR LIFE: IDENTIFYING AND DEALING WITH NARCISSISTS, SOCIOPATHS, AND OTHER HIGH-CONFLICT PERSONALITIES



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TarcherPerigee. Paperback. Condition: New. 256 pages. A practical guide to spotting, avoiding, and outsmarting people with high-conflict personality disorders, from an expert in conflict management and mediation. Do you know someone whose emotions flip-flop from one moment to the next Do they seem suspicious or jealous of others or antagonize you for no reason You might be dealing with a high-conflict personality. 5 Types of People Who Can Ruin Your Life is about people who are beyond difficult. When a high-conflict personality coincides with one of five common personality disorders--Borderline, Narcissistic, Paranoid, Antisocial, or Histrionic--they lash out in dangerous extremes of emotion and aggression. High-conflict personalities can seem charming and trustworthy for years, until one day they verbally attack you, attempt to ruin your reputation, or even threaten you with physical harm. HCPs blame everyone but themselves for their difficulties in life, and once they decide to target you, they're hard to shake. Bill Eddy, a law professor with extensive experience as a conflict mediator and therapist, will teach you to protect yourself from these attacks. With helpful anecdotes and expert advice, Eddy explains the warning signs of each high-conflict personality and how to avoid them using easy, proven conflict management methods and mediation techniques. With 5 Types of People Who Can Ruin Your Life you'll learn to safely manage or break free from a relationship with an HCP and safeguard your reputation and personal life in the process. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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