



Juicing Recipes 50 Refreshing Juicing Recipes for Weight Loss, Detox, and Healthy Living Volume 1

By Jamie Fox

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 70 pages. Dimensions: 11.0in. x 8.5in. x 0.2in. 50 Refreshing and Healthy Juicing Recipes If you are looking for the best juicing recipes around you have finally come to the right place. Look no further, here are 50 juicing recipes that will aid weight loss, help your body detox, and promote healthy living. Do you need an aid to your weight loss goal Do you need more energy throughout the day Do you want to start living a better, healthier life Have no fear, I am here to demolish your health concerns and body issues. This book contains 50 refreshing juicing recipes that are packed with nutrients, vitamins, fresh fruits, and vegetables. I have been drinking fresh juice mixtures for almost a year now, and am currently drinking one a day to get back to my previous weight before having my son in September. I have found these juicing recipes have increased my energy and have helped in my weight loss journey while providing my body with the proper nutrition that it needs. I decided to create this book to help other individuals see the same positive results...



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