

Paleo Crock Pot Recipes: 70 Paleo Slow Cooker Recipes.

By Kevin L Kerr

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Are you looking for nutritious paleo recipes that you and everyone else in your life will love? Do you want simple meals that are satisfying and will keep you coming back for more? If so, you ve come to the right place because each one of these seventy recipes has been crafted and taste tasted by me and all of my friends and family. Not only have they never been disappointing for anyone, but they always ask for the recipe! All of them incorporate the slow cooker and most are so easy that all you need to do is put the ingredients in and wait! My personal favorites are Sweet Potatoes in Orange-Sage with Bacon, Orange Paleo Chicken, Smoked Ham with Apples and Spinach, Mongolian Beef Steak, and the Cashew-Masala Chicken Pizza! Comes with seven recipes as an added bonus making a total of seventy-seven!.





Reviews

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-- Prof. Dan Windler MD

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-- Dr. Celestino Spinka III

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