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Mindfulness of Art in Greek: The Journey in Greek (Paperback)

By MR Anastasios Kleisas

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: Greek . Brand New Book ***** Print on Demand *****. The Mindfulness of Art is collection of poems derived from five circles of life. It is an amalgamation of a philosophical, spiritual, and, mainly, inspirational journey through time and space; through thought and feeling; through reality and imagination. Kleisas trajectories are made to linger through time and matter as they embrace pan-humanistic questions stemmed from his early adolescence existentialistic enquiries up to his adulthood realities. The waves of emotions come to crash down everyone. The reader is going to be pulled into Kleisas feelings, between the lines and into his or hers own imagination by a strong undertow. With Mindful Art, in this very ocean of emotion that one passes through moving up the seasons of life, will trigger and experience deep tensions, anger, fear, appreciation, hope, and numinous bliss among others, as it penetrates into the darkest and harrowing places as well as the brightest and promising spheres of the soul, and thus, it is unveiled the universal message of human existence. This exceptional piece of work makes an unbelievable gift for anyone seeking an esoteric awakening, enlightenment and...



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