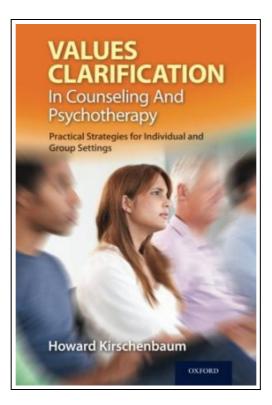
Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings



Filesize: 8.52 MB

Reviews

This pdf is fantastic. It really is basic but shocks inside the 50 % in the pdf. I realized this pdf from my i and dad encouraged this pdf to discover. (Hunter Witting)

VALUES CLARIFICATION IN COUNSELING AND PSYCHOTHERAPY: PRACTICAL STRATEGIES FOR INDIVIDUAL AND GROUP SETTINGS



Oxford University Press Inc. Paperback. Book Condition: new. BRAND NEW, Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings, Howard Kirschenbaum, This work meets a long-standing need in the helping professions by being the first and only comprehensive book devoted to these priority-defining and goal-setting values clarification strategies for counseling and psychotherapy by providing a clear description of what values clarification is and is not. The book demonstrates, with great precision and hundreds of clinical examples, how counselors and psychotherapists in many fields can ask good clarifying questions, and employ dozens of strategies with individuals, couples, families, and groups. Values clarification is perhaps best known for the many values clarification strategies that can be used with individuals and groups to explore a myriad of counseling topics. Values clarification is compared and contrasted to other approaches to counseling and psychotherapy, including person-centered, cognitive-behavioral, reality therapy-choice theory, existential, individual psychology, solution-focused, narrative, motivational interviewing, acceptance and commitment therapy, appreciative inquiry, life coaching, and positive psychology. Helping clients determine their priorities, set goals, make decisions, and take action to improve their lives are common tasks for virtually all helping professionals when engaging with clients. This is the process known as "values clarification" (or "Values Clarification"). While counselors and psychotherapists widely practice values clarification-some knowingly, others unaware-they typically do so with a limited understanding of its theory, methods and various applications. The book illustrates extensively how strategies can be carried out in individual counseling and psychotherapy, group counseling and psychotherapy, and psychoeducational work, whatever the subject or topic. The examples throughout the text are often grouped around more specific applications for marriage and family counseling, career counseling, substance abuse and recovery counseling, geriatric counseling, grief counseling, pastoral counseling, financial counseling, school counseling, rehabilitation counseling, counselor/clinical education and supervision, health counseling...

Read Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings Online
Download PDF Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings

Other PDFs

Γ	Ъ	
l	PDF	

Write Better Stories and Essays: Topics and Techniques to Improve Writing Skills for Students in Grades 6 - 8: Common Core State Standards Aligned

Createspace Independent Publishing Platform, United States, 2012. Paperback. Book Condition: New. 277 x 211 mm. Language: English . Brand New Book ***** Print on Demand *****.Mr. George Smith, a children s book author, has been... Save Document



YJ] New primary school language learning counseling language book of knowledge [Genuine Specials(Chinese Edition) paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2011-03-01 Pages: 752 Publisher: Jilin University Shop Books All the new... Save Document

\neg
PDF

Readers Clubhouse Set a Nick is Sick

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Carol Koeller (illustrator). 221 x 147 mm. Language: English . Brand New Book. This is volume three, Reading Level 1, in a comprehensive program... Save Document

PDF

Read Write Inc. Phonics: Purple Set 2 Non-Fiction 4 What is it?

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 215 x 108 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books... Save Document

»

PDF

Readers Clubhouse Set B What Do You Say

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Ann Losa (illustrator). 142 x 13 mm. Language: English . Brand New Book. This is volume six, Reading Level 2, in a comprehensive program...

Save Document

PDF	Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition) SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how Save PDF *
PDF	Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English] Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to Save PDF *
PDF	Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures) Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and Save PDF >
PDF	The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators Save PDF *
PDF	Readers Clubhouse Set a Too Too Hot Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Karol Kaminski (illustrator). 220 x 148 mm. Language: English . Brand New Book. This is volume four, Reading Level 1, in a comprehensive program Save PDF *