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WAIST TRAINING 101 A GUIDE TO USING CORSETS TO SLIM YOUR WAISTLINE



Hope Street Publishing, LLC. Paperback. Condition: New. 84 pages. Dimensions: $8.0in. \times 5.0in. \times 0.2in.$ Once a fashion staple for the ideal female form, the corset has made an astounding comeback, regaining widespread popularity thanks in part to celebrities like Jessica Alba, Beyonc, Dita Von Teese, and Jennifer Garner. Women are once again lacing up with the goal of reshaping their bodies and cinching inches off their waistlines. This practice, known as waist training, is done all in the name of...

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