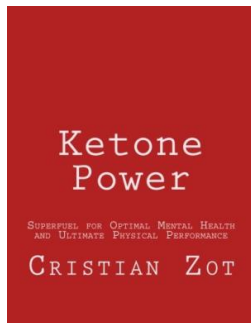


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## KETONE POWER: SUPERFUEL FOR OPTIMAL MENTAL HEALTH AND ULTIMATE PHYSICAL PERFORMANCE (PAPERBACK)



Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In Ketone Power, Cristi Vlad, self-experimenter and avid researcher outlines a common denominator in terms of nutrition, health, and physical performance. After all, human DNA is 99 exactly the same. So, there should be a prescription (Rx) that should work for the majority of us. Cristi himself, fed up with not being able to lose the last few pounds of his belly...

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- Authored by Cristian Vlad Zot
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