



## Why Diets Don't Work: Food Is Not the Problem (Paperback)

By Joyce Tilney

Women of God Ministries, Inc, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is not another diet plan, it is a battle plan! This is a battle plan with a unique strategy for success. This book will enlighten and help you realize you can put down the shame, anger, resentment and struggle of weight issues. There is a power greater than their taste buds! Get off the roller coaster of fighting the battle of the bulge by understanding this is a spiritual problem. Stop making the diet programs of the world rich while you stay angry! It all started in the garden. So when the woman saw that the tree was good for food, that it was pleasant to the eyes and a tree desirable to make one wise, she took of its fruit and ate. (Genesis 3:6). It looked good and she ate! Satan always baits deception with a little bit of truth. He always tells you the short term pleasure, not the long term effect. We do the same today, if it looks good we eat it, without any thought to the consequences in our body. Eating for pleasure,...



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