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## FOOD ADDICTION BINGE EATING AND HYPOGLYCEMIA: HOW TO OVERCOME IT AND GET BACK TO BALANCE



Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Food addiction is a disease and when you have it you are caught in a never-ending cycle of mood swings usually accompanied by poor health and weight gain. I tried many different diets, eating less or eating what I thought was healthy food but nothing seemed to work. This book will show you how you can still eat...

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- Authored by MR Tony Clearwater
- Released at 2015



## Reviews

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