Homesteading Food: Learn to Grow and Bake Own Bread, Make Own Dairy and Store Food Properly: (Ketogenic Bread, Cheesemaking, Canning) (Paperback)



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Reviews

Undoubtedly, this is the greatest job by any author. It is actually filled with wisdom and knowledge I am quickly could get a pleasure of reading a written book. (Kade Ankunding)

HOMESTEADING FOOD: LEARN TO GROW AND BAKE OWN BREAD, MAKE OWN DAIRY AND STORE FOOD PROPERLY: (KETOGENIC BREAD, CHEESEMAKING, CANNING) (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Homesteading Food: Learn To Grow And Bake Own Bread, Make Own Dairy And Store Food Properly Book 1: How To Make Bread: Step-by-Step Guide From Growing Wheat To Baking A Bread Loaf Wheat was responsible for the emergence of large city states; because of how easily it was cultivated on a large scale and for how long it lasted in storage. Thanks to wheat we had the development of the Babylonian and Assyrian empires. With physical activity and wheat you won t just lose weight, but you will also gain powerful heart health. This complicated carbohydrate is very low in saturated fat and cholesterol, and this may help with cardio health. Book 2: How to Make Organic Dairy Products: Feel the Difference with Homemade Yoghurt, Butter and Different Kinds of Cheese This book not only teaches you how to make organic dairy products like yoghurt, butter and cheese, but it also teaches you how to make the products suitable for people who are intolerant to lactose. Read on. Book 3: How to Make Butter: Homemade Butter, Low Fat Butter, Margarine and Ghee, plus Recipes for Your Butter This book has clear information on how you can make your own butter, margarine, and even ghee. It also teaches you, in a very simple way, how to flavor your butter while still keeping it all-natural. The book also teaches you how to make low fat butter without losing butter s cherished natural flavor. One of the amazing things this book brings out is that you can enjoy butter and its derivatives without spending too much money. Book 4: Salting And Pickling: 27 Quick Easy Salting and Pickling Recipes You And Your Family Will Enjoy...

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