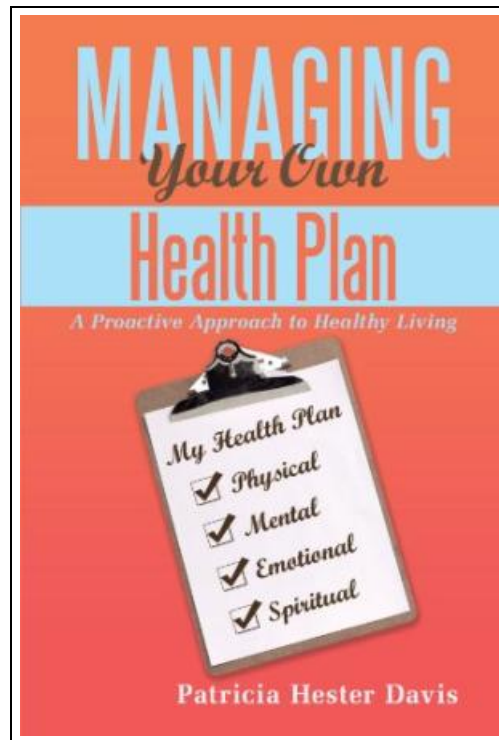


## Managing Your Own Health Plan A Proactive Approach To Healthy Living



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