



## Dried Meat Jerky: Ultimate Cookbook for Dried Meat Recipes, Irresistible Recipes for Unique Jerky (Paperback)

By Adam Jones

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Dried Meat Strictly speaking, Jerky is a lean meat that has been very carefully trimmed of fat and cut up into thin bite-sized strips. The sliced portions are then further process by drying them in an oven or dehydrator. Jerkies have proven themselves to be very nutrient dense food that is lightweight and high in protein. The word Jerky itself is believed that have been derived from ch arki, which is a Quechuan word that roughly translates to dried, salted meat. In most cases, a good slab of meat can produce a large portion of Jerkys, which makes these perfect for an outdoor party snack or just a homemade snack for the lazy hours. To most of the meat Jerky aficionados out there in the whole wide world, the process of drying a meat and making a Jerky out of it is nothing short of a form of art, or even a hobby. There is something very calm and relaxing yet extremely satisfying to see your favorite slice of meat turn into a tenderly chewable piece of edible that is packed to...



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