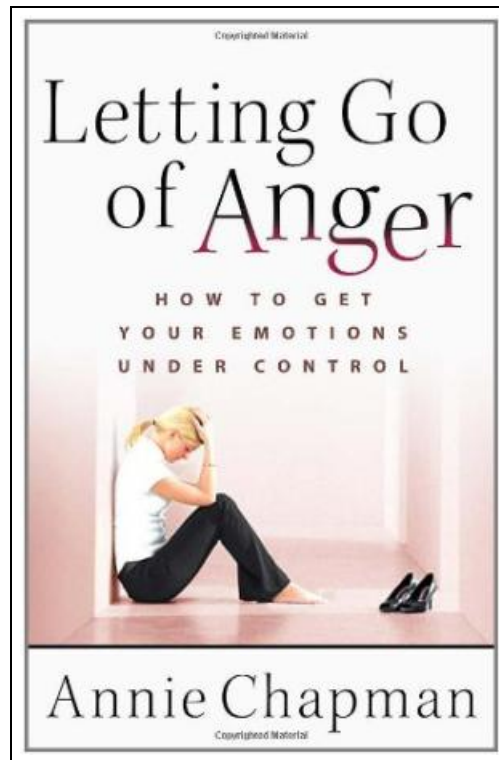


## Letting Go of Anger: How to Get Your Emotions Under Control



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