



How I Stopped My Slow Suicide: And How You Can Too (Paperback)

By Martha-Edith Hernandez

Balboa Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Do you live with physical pain every day? I used to. For ten years I lived in the horror of chronic heartburn that turned into other gastrointestinal issues. I was hopeless until I found The Secret and Dahn yoga. Now I happily live my life almost symptom free, and I want to show you how to do it too!.



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