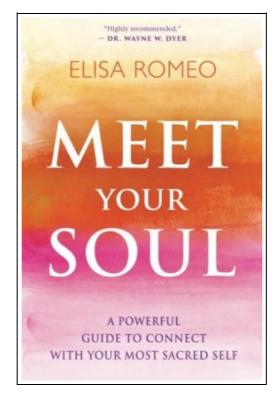
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MEET YOUR SOUL A POWERFUL GUIDE TO CONNECT WITH YOUR MOST SACRED SELF



Hay House, Inc. Paperback. Condition: New. Dimensions: 0.0in. x 0.0in. x 0.0in. During an out-of-body experience, Elisa Romeo met her soul and, in the process, found a powerfulally to help her create the life of her dreams. Since that point, Elisa has helped thousands of clientsforge their own direct soul connectionsand now readers can do the same. Meet Your Soul is a practical guidebook that teaches people how to access the loving guidance oftheir soul. Pulling together academic theory, years of practical experience, and touching stories fromclients, Elisa brings substance and gravitas to this ever important topic. In her comprehensive program, she lays out the most effective meditations, visualizations, andinquiries shes discovered through her work. She not only tells readers how to access their soulconnection but also preps them for some of the common obstacles theyre likely to encounter. With herkind and informed guidance, readers learn to: Understand the crucial distinction between ego, spirit, and soul Distinguish their Soul Truth from the concepts and beliefs of family, friends, and society Tap into the power of their intuition to figure out the best path to take Identify and heal the self-sabotaging Fear Gremlins and Soulnesia that tamper withinformation coming from the Soul Call out and overcome the Spiritual Temper Tantrums and Divine Ststorms that stoppeople in their tracks But what is the purpose of all this work In short, it helps readers meet the oldest, wisest, and most loving part of themselvesthe part that gives meaning and purpose to their lives. The soul wants to guide us to make daily, practical decisionsthat empower us to live a life of authenticity, beauty, and joy. And Elisa shows that each of us has thecapacity to hear this personal, unique guidance directly. We neednt look outside ourselves to a guru, program, or system; rather we...



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