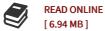


Taking Charge: Your Life Patterns and Their Meaning

By Gudrun Burkhard, Christian von Arnim

Floris Books. Paperback. Book Condition: new. BRAND NEW, Taking Charge: Your Life Patterns and Their Meaning, Gudrun Burkhard, Christian von Arnim, While the modern world is rapidly making us into 'global citizens', at the same time we experience increasing isolation as individuals in our own society. There is a pressing need for us to develop new forms of relationship with familiy and society. Through working consciously and actively on our own life-story, we can build bridges to other people in a way that develops a new understanding for the lives of others. The ideas and methods presented in this book are the result of many year's therapeutic work with groups and individuals. The life-stories described are the authentic stories of participants in the courses and workshops.



Reviews

A must buy book if you need to adding benefit. Of course, it is actually perform, still an interesting and amazing literature. I am delighted to explain how this is basically the best book i actually have read through during my individual life and may be he best book for at any time. -- Jarod Bartoletti

It is an remarkable pdf that I actually have actually read. It really is packed with knowledge and wisdom I am very happy to tell you that this is the finest ebook i actually have go through during my very own life and may be he very best book for actually. -- Hailey Jast Jr.