Third Eye Awakening: Guided Meditation to Open Your Third Eye, Expand Mind Power, Intuition, Psychic Awareness, and Enhance Psychic Abilities (3rd Eye, Higher Consciousness, Spiritual Enlightenment) (Paperback)

By Sarah Rowland

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The third eye chakra is the center to your psychic abilities and intuition. It holds powers that people never thought were possible or available to them. The third eye and the pineal gland are essentially the same thing and the power of both lie dormant, in most people, for all of their lives. There are many simple meditation techniques that can help to open a dormant third eye, and you will find these meditation techniques inside this book. Third Eye Awakening is not only about the third eye, however. In this book you will find information on ALL the various aspects and techniques that circle around Spiritual Healing, including the awakening, opening, and activation of your third eye chakra. In this book you will learn: What is the Third Eye?How to awaken your Third EyeConnecting with your higher selfAwaken your higher self through guided meditationTrusting your intuitionGain wisdom and clarity from your divine selfHeal your mind and body through energy healingClear your body of negative energyFeel more relaxed and centeredUse chakra meditation for spiritual healingHeal affected chakras and realign your entire chakra...

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