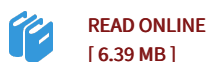




## Confident

By Alice Lamont

Balboa Press Australia, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Life is too short to doubt yourself. There are infinite pathways you could take in this lifetime; the key factor to ensure you fulfill your dream life is confidence. To change, you must be confident in believing you can. You have a divine right to be alive. Nobody can take that away from you; however, a lack of confidence will limit you in countless ways. Every moment is fleeting, and every situation-whether big or small-will be enhanced by confidence. That's why, after embarking on a solo, eight-month journey of self-discovery through Zambia, Botswana, and the UK-at age sixteen-Alice Lamont wrote an entire book on the subject. In ten chapters, *Confident* can teach you about confidence and why you need it, lessons on self-love, how to utilize the power of habits and optimism, conquer fear, and lift off of life's glass ceiling. *Confident* is a concise, powerful self-help book that will aid you in realizing you can do and be anything.



### Reviews

*Absolutely essential go through book. It can be rally fascinating throug studying period of time. You wont truly feel monotony at at any time of your respective time (that's what catalogues are for concerning in the event you question me).*

-- **Roberto Leannon**

*This sort of publication is everything and made me seeking forward and much more. Better then never, though i am quite late in start reading this one. I am easily could possibly get a delight of reading through a created pdf.*

-- **Quinton Balistreri**