



## Summary of the Wahls Protocol by Terry Wahls M.D.: Conversation Starters (Paperback)

By Bookhabits

Blurb, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The Wahls Protocol by Terry Wahls M.D.: Conversation Starters Dr. Terry Wahls was a typical physician who prescribed drugs and medical procedures to treat her patients. But when she was diagnosed with multiple sclerosis, not even her faith in drugs and modern medicine could heal her. She became increasingly debilitated and eventually had to be confined to a wheelchair. She realized she had to find a solution for her sickness outside conventional medicine. This is when she started researching and experimenting on herself. She later came out with The Wahls Protocol which reversed her decline and allowed her to be physically active and well-functioning once more. This book gives details of how the protocol can be adopted by people with autoimmune diseases and by those who want to stay healthy. Wahls TEDx talk about her recovery from multiple sclerosis was an internet sensation. A Brief Look Inside: EVERY GOOD BOOK CONTAINS A WORLD FAR DEEPER than the surface of its pages. The characters and their world come alive, and the characters and its world still live on. Conversation Starters is peppered with questions designed...



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