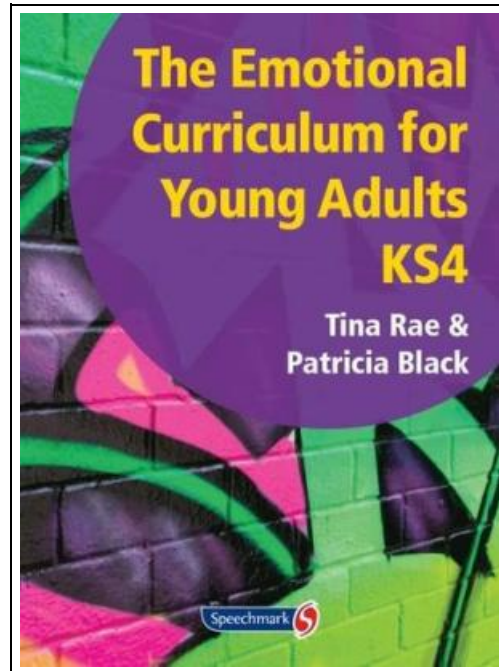


The Emotional Curriculum for Young Adults



Filesize: 6.79 MB

Reviews

It is one of the best publications. It really is really intriguing through reading through period of time. You will not feel monotony at anytime of your own time (that's what catalogs are for relating to in the event you request me).

(Dr. Pat Hegmann)

THE EMOTIONAL CURRICULUM FOR YOUNG ADULTS

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Speechmark Publishing Ltd, United Kingdom, 1999. Loose-leaf. Book Condition: New. 1st New edition. 323 x 266 mm. Language: English . Brand New Book. The Emotional Curriculum for Early Teens is an emotional literacy programme for KS3. It provides secondary school staff with a flexible and comprehensive approach to promoting the emotional literacy and well being of young people in their care. Introducing the Focus on Feelings programme, it fulfils many of the objectives identified in the SEAL approach, specifically addressing the many challenges and stresses encountered by today s young people in both a social and educational context. The resource provides user friendly and engaging activities which will motivate staff and students alike. Sessions are broken down into short achievable tasks which incorporate a range of learning styles, i.e. discussions, thought storming, short activities, problem cards and scenarios, questions and closing evaluations/plenary. Key skills focused upon include the following: * Self-awareness * Managing feelings * Decision making * Managing stress * Conflict resolution * Personal responsibility * Self-concept * Empathy * Communication * Group dynamics The resource is accompanied by a CD ROM which includes the evaluation and activity pages and resources. This vibrant, relevant resource is a must have for schools who wish to ensure the social and emotional well being of their students. The Emotional Curriculum for Early Teens is one of a two part series -The Emotional Curriculum for Young Adults is an exciting follow on resource for use with KS4 pupils.

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