

# Generation A.D.D.: Natural Solutions for Breaking the Prescription Addictions

#### By Michael Papa

Essential Publishing. Hardback. Book Condition: new. BRAND NEW, Generation A.D.D.: Natural Solutions for Breaking the Prescription Addictions, Michael Papa, Drugging our kids to control their behavior has become widespread in our modern society. But the very real dangers of the medications used are all too often ignored or downplayed. As concerned parents, we need to realize that there are more intelligent choices. We can help our children with natural, alternative approaches that are healthy, effective and positively transformative, have no dangerous effects and do not promote violent behavior or addictive habits that often become lifelong health hazards. In this book, Dr. Michael Papa introduces you to these successful alternatives and natural approaches to ADD/ADHD, including special nutritional recommendations. Dr. Papa's approach is simple and non-invasive and will help you cope with the daily challenge of raising healthy, focused children. If you are an adult with ADD/ADHD, this book will be an invaluable tool to help you achieve a naturally focused lifestyle. Dr. Papa founded Papa Chiropractic & Physical Therapy in Jupiter, Fla in 1989 and has been the Center's director since then. His professional experience in sports, spine and extremity injuries lead him to work with hundreds of children through...



#### Reviews

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