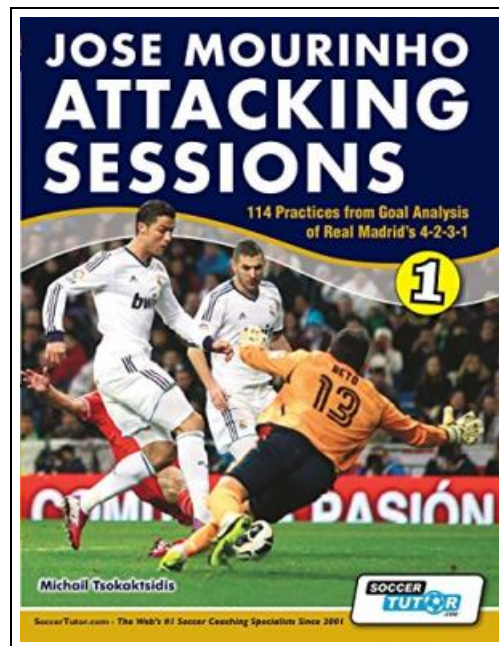


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SoccerTutor.com. Paperback. Book Condition: New. Paperback. 212 pages. Dimensions: 9.6in. x 7.4in. x 0.6in. Jose Mourinho Attacking Sessions is the first in a series of books which provide you with a blueprint of how to attack and score goals like the worlds best teams. Michail is a UEFA A license coach and has provided a full and extensive analysis of Real Madrids best 48 goals in the 2011-2012 season, when they scored a record 121 goals to win the Spanish Championship (La Liga). This goal analysis of Jose Mourinhos tactics has been used to produce 114 practices organised into 30 ready-made sessions. Each goal is analysed, followed by a full session on that specific topic of Reals attacking play, with clear colour diagrams, detailed descriptions and coaching points. You can use these ready-made sessions to practice Real Madrids attacking play and combinations. You can learn exactly how Real found attacking solutions for every tactical situation created by opponents who defended with a deep, middle or high defensive line. A large section of this book is based on the transition phase. You can learn how to coach your team to play like the best counter attacking team in the world. There are sessions on the transition from defence to attack in the low, middle and high zones. Practices included: Functional Technical Practices Phases of Play Opposed Unopposed Zone play Counter-Attacking Exercises Transition Games Small Sided Games This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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