



## Get Coloring Get Happy Coloring Book Journal (Paperback)

By Kim a Flodin

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Reg. price, \$15.99 Includes 31 Images with 31 Journal Prompts and Pages, 14 Bonus Images.234 TOTAL PAGES See what s inside here: // Get Coloring Get Happy Coloring Book Journal features positive and affirming illustrations compiled from my very first two coloring books: Get Coloring Get Happy and Get Coloring Get Happy 2. This unique coloring book journal for adults combines coloring, journaling, empowerment, affirmation, positive self-belief, stress relief and more in one very helpful coloring book journal designed to offer support and encouragement for all areas of your life.change, self-esteem, motivation, self-care, introspection, relationships and more. Filled with an assortment of simple and detailed images to enjoy and reflect upon, along with corresponding journal pages and writing prompts to support the coloring/journaling experience and lead you to deeper insights and understanding. A Sampling of the Journal Prompts in This Book: When I trust and believe in myself and my abilities, I can see that things truly are well . When I m kind to myself first, I find it so much easier to be kind to others. And, now I will...



## Reviews

Very beneficial to all category of folks. We have study and that i am sure that i will planning to go through yet again again in the future. Its been printed in an extremely straightforward way in fact it is just soon after i finished reading this pdf where actually changed me, alter the way i really believe.

-- Emmett Mann

Comprehensive information! Its this sort of great go through. It really is rally interesting through studying time. I am just quickly can get a satisfaction of looking at a created pdf.

-- Alexandra Weissnat