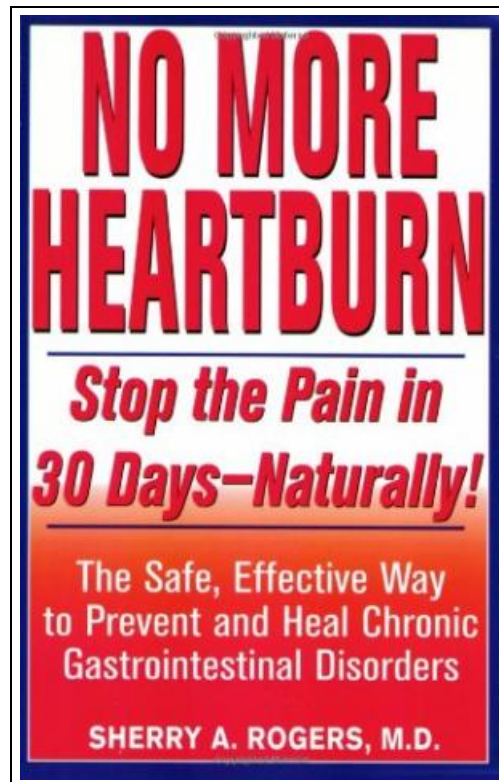


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Reviews

It is simple in study safer to understand. It can be full of knowledge and wisdom Your way of life span is going to be enhance when you full looking at this book.

(Lavina Torp)

NO MORE HEARTBURN (PAPERBACK)



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Kensington Publishing, United States, 2000. Paperback. Condition: New. Language: English . Brand New Book. Cure Heartburn and Indigestion Forever--Without Drugs! Did you know . . . - Traditional gastrointestinal treatment is virtually guaranteed to cause illness - Popular antacids and prescription acid blockers actually aggravate your condition - Bad breath can be a signal of a serious gastrointestinal disorder You ve felt the burning, bloating, and painful gas of heartburn and indigestion. But you may not be aware that such pain may signal a far more serious medical condition, that left untreated, can lead to cancer. In this remarkable book, Dr. Sherry Rogers, a leading expert in drug-free gastrointestinal therapy, explains how you can pinpoint the causes of your stomach distress and offers easy-to-follow advice for creating an effective, personalized program for achieving and maintaining total gastrointestinal health. Unlike traditional therapies, which merely mask the symptoms and ignore the underlying causes, the cutting-edge methods detailed here go right to the root of the imbalance, ending years of chronic pain and illness and returning your body to its natural state of health--without the risks and side effects of prescription drugs. With sample menus of tasty, easy-to-prepare meals, clear, explanatory charts and tables, and an extensive list of gastrointestinal health resources, this is vital reading for anyone suffering the chronic agony of heartburn.



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