



Free to Act: An Integrated Approach to Acting (2nd Edition)

By Felner, Mira

Pearson, 2003. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Each chapter concludes with a summary. Preface. Acknowledgments. Exercises. Introduction. The Nature of the Dramatic Situation. Acting in the Dramatic Situation. Understanding Acting Technique. Acting Through Improvisation. I. PREPARING THE BODY TO ACT. 1. Centering. Center. Kinesthetic Awareness. Relaxation. Alignment. Respiration. Balance, Coordination, Flexibility, and Strength. Rediscovering Center. The Actor's Neutral. 2. Voice. Feeling the Voice. The Process of Vocal Production. Sound and Speech. Taking Pleasure from Sound. Opening the Vocal Passage. Resonance. Articulation. Sound and Emotion. Sound and Movement Integration. Words and Feelings. 3. Harnessing Energy. Energized Performance. Life Energy and Theatrical Energy. Enlarging Expression. Centering and Energy. Directing Energy. Purpose, Concentration, and Energy. Environment as Physical Energy. Character and Energy. 4. Developing Trust Through Physical Sharing. Breaking Down Barriers. Eliminating the Fear of Touching. Surrendering Physical Control. Shaping and Sharing and Improvisation. 5. The Warm-Up. Getting Focused. Creating the Warm-Up. Group Warm-Ups. Relating the Warm-Up to the Work. II. EMBODYING THE DRAMATIC SITUATION. 6. Communicating on Stage. Listening and Taking In. Personalizing. Personalization and Subtext. 7. Given Circumstances. Physicalizing the Given Circumstances. Justification Through Given Circumstances. Improvising the Given Circumstances. Integrating the...



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-- Lyda Davis II

Other Books



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HarperCollins, 2005. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Foreword by Raph Koster. Introduction. I. EXECUTIVE CONSIDERATIONS. 1. The Market. Do We Enter the Market? Basic Considerations. How and Which Niche? Market Analysis: Who Are...



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