



Embodied Acting: What Neuroscience Tells Us About Performance (Paperback)

By Rick Kemp

Taylor Francis Ltd, United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book. A focus on the body, its actions, and its cognitive mechanisms identifies .foundational principles of activity that link the three elements of theatre; Story, Space, and Time. The three meet in, are defined by, and expressed through the actor s body. - from the Introduction Embodied Acting is an essential, pragmatic intervention in the study of how recent discoveries within cognitive science can - and should - be applied to performance. For too long, a conceptual separation of mind and body has dominated actor training in the West. Cognitive science has shown this binary to be illusory, shattering the traditional boundaries between mind and body, reason and emotion, knowledge and imagination. This revolutionary new volume explores the impact that a more holistic approach to the bodymind can have on the acting process. Drawing on his experience as an actor, director and scholar, Rick Kemp interrogates the key cognitive activities involved in performance, including: * non-verbal communication * the relationship between thought, speech, and gesture * the relationship between self and character * empathy, imagination, and emotion. New perspectives on the work of Stanislavski, Michael Chekhov,...



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This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

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