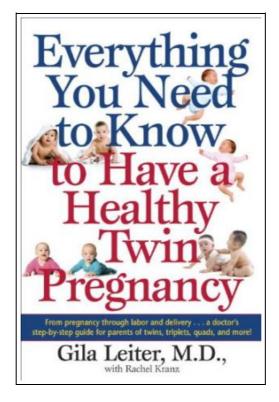
# E Thing You Need Know Twin Pregna (Paperback)



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## Reviews

It is an awesome book that we have possibly go through. It is actually writter in straightforward words and phrases and not confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Tierra Kunde)

# E THING YOU NEED KNOW TWIN PREGNA (PAPERBACK)



Random House USA Inc, United States, 2000. Paperback. Condition: New. Language: English. Brand New Book. Twins.triplets.quads.finally! The book that answers all your questions about multiple birth--written by a doctor who is a mother of twins herself Over ten years ago when Dr. Gila Leiter, herself an OB/GYN, was pregnant with twins, the book she desperately needed wasn tavailable. Now it is: Everything You Need to Know to Have a Healthy Twin Pregnancy. Taking you step-by-step through the processes of pregnancy and birth, Dr. Leiter shares her professional and personal expertise, providing answers to all your questions, plus practical know-how, psychological support, and extensive resources for this most joyous--and overwhelming--experience, whether you re having two babies.or four! Learn: The latest in fertility treatments and reproductive technology, and the probable outcome What to expect, trimester by trimester Concrete suggestions for working through your hopes, fears, and fantasies Who should seek genetic counseling How to avoid preterm labor and premature delivery--and what to do if it s unavoidable Recommended vitamins and minerals--plus do s and don ts All about medications: what you can take, can t take, must take What you should know if you re going to have a C-section Specific ideas for nurturing yourself and reducing stress The birthing process and what to expect in the delivery room Twelve questions to ask the doctor you re considering choosing for your pediatrician What it s like to bring babies home--and what you ll needto manage your new family And much more.



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