



## Ancient Travels: A Discourse Between a Master and His Student on Acupuncture and Chinese Martial Arts (Paperback)

By Richard A Peck L Ac

Createspace Independent Publishing Platform, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Ancient Travels chronicles the travels of Liu Bin and his student Pei Ke as they journey through China to Liu s ancestral home. On the journey Liu teaches his student the fundamentals of acupuncture and Chinese internal martial arts. Even though the format is a novel the story covers topics taught in beginning courses in acupuncture schools but told in a simple to learn format. Great for those interested in learning more about Traditional Chinese Medicine, acupuncture, Yin Yang Theory, Qi Gong, Feng Shui, I-Ching and Tai Chi Chuan.

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