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## False Labels: An Insight Into the Life of a Browbeater: Astonishing One-On-One Interviews with Browbeaters and the Tragic Impact on

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By Marie-Claire Kuja

Kuja's Company. Paperback. Book Condition: New. Paperback. 174 pages. We grow into adulthood so often without the skills to deal with the trauma and negativity the world throws at us, especially when it comes to self esteem. I found the writing and journaling exercises in this book to be liberating, therapeutic and helpful in dealing with some personal challenges we face in our lives. This book is enough to tackle any unresolved issues and to move one forward in life. This is a very practical book and offers tools for everyone young and old to learn how to stop trying to fit in, but to use their God given talents and gifts to do things that will make them stand out. . After my kid read it, we talked about it and found this book really helps. Maureen brooks VA, U. S. ABrowbeaters! They come in many shapes and sizes. Their behavior can have lifelong effects . Their cruelty have been known to cause loneliness, unhappiness, fear, anxiety, low self esteem, depression and even the death of most teenagers. But who are these people They are all around us: in our schools, our malls, our jobs and even in our...



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