



# Philosophies of Iconic Leaders: 100 Foundational Truths to Center, Uplift and Inspire Conscious Leaders (Paperback)

By Christy Rutherford

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. In an ever evolving and rapidly changing world, great leaders are needed more than ever. Today s leaders are constantly subjected to leadership trends, fads and the next best idea, and are expected to adjust quickly in order to stay competitive. Constantly shifting to stay relevant adds pressure, stress and anxiety to leaders who are already overwhelmed with everything that leadership entails. The gap between leaders who are overwhelmed and miserable, and those who are highly successful and happy is personal development. However, many leaders forgo personal development for professional development, which creates an imbalance in their personal life. In this book, Christy shares the principles and philosophies of 10 Iconic Leaders, to highlight what they learned about themselves and others along their journey of success. Getting insight on the struggles, heartbreaks and triumphs of great leaders, will alleviate some of the baggage you ve accumulated along your journey. You Il quickly learn that you are not alone in your challenges. The lessons from these leaders are timeless and will be relevant for centuries.



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